



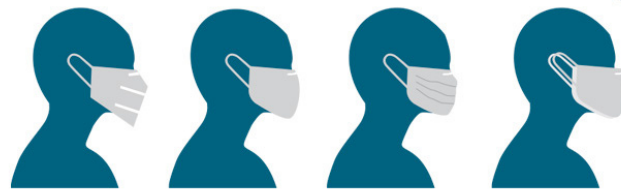
# COVID-19 HEALTH & SAFETY INFORMATION FOR STUDENTS

To help keep yourself and all other COCC students, faculty, and staff safe during the 2021/22 academic year, here's what you need to know:

## FACE MASKS ARE REQUIRED

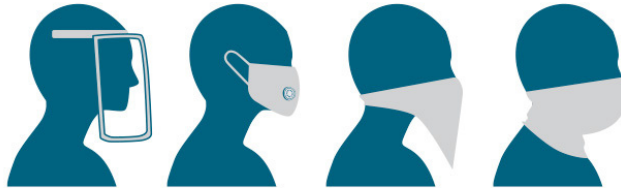
### RECOMMENDED:

- ✓ High-filtration efficiency options from trusted sources, such as KN95 and KF94 respirators
- ✓ Multiple-layer cloth
  - ✓ Washable and breathable fabric
  - ✓ Completely covers nose and mouth
  - ✓ Fits snugly without gaps
  - ✓ Nose wire
- ✓ FDA-cleared surgical
- ✓ A cloth mask worn over a disposable mask



### NOT RECOMMENDED:

- ✗ Face shield
- ✗ Cloth mask with vent
- ✗ Bandana
- ✗ Single-layer gaiter



COCC follows CDC guidance, and requires everyone on campus to wear a mask indoors. Accommodations are available per ADA guidelines.



### WEAR A FACE MASK

At COCC, face masks must be worn over both the nose and mouth whenever you are indoors and while riding in official COCC vehicles.

Need a free mask? Just ask your instructor, the COCC Bookstore, or your campus front desk. Students who do not follow COCC's face mask policy will be asked to leave the classroom or building until they are appropriately wearing a recommended face mask.



### USE THE DAILY SELF-CHECK EACH TIME BEFORE COMING TO CAMPUS

The [COVID-19 Daily Self Check](#) (available on the [COCC Mobile App](#) or via the COCC COVID-19 webpages) is a two-question health tool to help you determine whether you should come to campus. COCC does not store any data from individuals' answers to the Daily Self Check questions.



### STAY HOME IF YOU FEEL ILL; TELL YOUR INSTRUCTOR IF YOU ARE SICK OR IF YOU MUST ISOLATE OR QUARANTINE

If you feel sick, do not come to campus and contact your instructor(s) right away. If you test positive for COVID-19 and/or if you've been told to quarantine due to possible COVID-19 exposure, tell your instructor(s) immediately.

# COVID-19 HEALTH & SAFETY INFORMATION FOR STUDENTS (con't)



## REVIEW COCC'S COVID-19 WEB INFORMATION FREQUENTLY

All COVID-19 policies are subject to change based on the latest federal, state, and county public health guidance. Visit the "[COVID-19 Information for Students](#)" webpages frequently, and email any questions to [covid19info@cocc.edu](mailto:covid19info@cocc.edu).



## GET VACCINATED AGAINST COVID-19

The available COVID-19 vaccines are our most effective tool to help end the deadly pandemic, keep schools and businesses open, preserve our personal and collective freedoms, and help lessen the burden on our medical system. Review COCC's COVID-19 vaccination policy on the College's website: [bit.ly/bobcatsvaccine](https://bit.ly/bobcatsvaccine).

If you're vaccinated against COVID-19, thank you! If you're not yet vaccinated, visit [centraloregoncovidvaccine.com](https://centraloregoncovidvaccine.com) to find a FREE vaccine nearest you. No health insurance or photo ID required.

Have questions or concerns about the vaccines? Email [covid19info@cocc.edu](mailto:covid19info@cocc.edu) to connect with one of COCC's Science or Public Health faculty to learn more.



## GET TESTED FOR COVID-19 IF YOU HAVE SYMPTOMS

There are several free COVID-19 testing options in COCC's district. Appointments are strongly encouraged at Deschutes County locations. For an updated list of COVID-19 testing sites in Deschutes, Crook, and Jefferson counties, visit <https://bit.ly/gettestedbobcats>.



## PRACTICE PHYSICAL DISTANCING WHENEVER POSSIBLE



## WASH OR SANITIZE YOUR HANDS FREQUENTLY